

## Selby and district

### Useful contact information

| Service   | Telephone Number                             | Email  |
|---|--|--|
| Selby Hands of Hope   | 01757 210100                                 | admin@selbyhandsofhope.org.uk  |
| Selby Food Bank   | 07413 374750                                 | info@selby.foodbank.org.uk   |
| Wetherby Food Bank (Tadcaster)  | 07840 455725                                 | info@wetherbyanddistrict.foodbank.org.uk   |
| Pontefract Food Bank  | 07935530583                                  | info@pontefract.foodbank.org.uk  |
| Knottingley Food Bank   | 01977 278616 or<br>07581188614               | info@knottingley.foodbank.org.uk   |
| Early Help  | 01609 534829                                 | www.northyorks.gov.uk  |
| Salvation Army - Selby<br>- Knottingley<br>- Tadcaster                        | 01757 702629<br>01977 675179<br>01937 835541 | jeremy.ferguson-smith@salvationarmy.org.uk<br>knottingley@salvationarmy.org.uk<br>Tadcaster@salvationarmy.org.uk |
| Selby District Council  | 01757705101                                  |  |
| Citizens Advice   | 01757 701320                                 | advice@northyorkslca.org.uk  |
| Selby Community House   | 01757 291111                                 | enquiries@selbydistrictavs.org.uk<br>www.selbydistrictavs.org.uk   |
| Samaritans York/Selby   | 01904 526582                                 |  |
| Crisis -Selby local community<br>health team -                                | 01904 294689                                 |  |
| Selby Advice  |  | www.selbyadvice.org.uk   |
| nhs.uk  | 111  | nhs.uk/conditions/coronavirus-covid-19/  |
| Selby Children and Family Hubs<br>(Selby, Brotherton, Tadcaster,<br>Sherburn) | 01609 532343                                 |  |
| Families Information Service  | 01609 533483                                 | fis.information@northyorks.gov.uk  |