



Dear Parents / Carers,

**Personal, social, emotional development (PSED) and Personal, social and health education (PSHE) including Relationship, sex and health education (RSE) at Hob Moor Oaks Academy**

As part of the PSED and PSHE curriculum at HMO we aim to promote personal, social, health and economic education that will provide all our young people the knowledge, understanding, attitudes and skills to live a healthy, safe and fulfilled life both now and in the future.

Pupils accessing our Pre and Semi formal curriculum will have cross curricular sessions. Pupils within our formal stage of learning will have discrete lessons on PSHE. At HMO we are introducing Jigsaw to enhance and complement our PSED scheme of work.

You may already be aware that the Department for Education has made changes to the Relationships and Sex Education curriculum since September 2020. All schools are now required to comply with the updates. For further information please look to the new statutory guidance which can be found at :

<https://www.gov.uk/government/publications/relationships-education-relationships-and-sex-education-rse-and-health-education>

This new guidance focuses on healthy relationships and keeping children safe. It also covers a wide range of topics relating to physical and mental health, wellbeing, safeguarding and healthy relationships. Since September 2020, (RSE) has been a part of our curriculum offer.

School leaders have recently reviewed our RSE curriculum and policy, to ensure we provide a curriculum which is appropriate based upon their physical age, emotional maturity, religious and cultural background and their educational needs and disabilities. PSHE including RSE education at HMO is taught throughout the school in every year group and is monitored and reviewed regularly by the staff and governing body. All PSHE teaching takes place in a safe learning environment and is underpinned by our school ethos and values.

## **What are the aims of RSE at HMO**

There are 4 main aims for teaching RSE within the primary PSHE curriculum.

- To enable young people to understand and respect their bodies and be able to cope with changes to their bodies.
- To help young people develop positive and healthy relationships appropriate to their age and development.
- To support young people to have positive self esteem and body image whilst understanding influences and pressures around them.
- To empower them to be safe and safeguarded.

At HMO we follow the Jigsaw PSHE and RSE framework which support our school to work in partnership with parents and carers to ensure appropriate delivery of relationship and sex education.

## **Parent/ Carers rights to withdraw**

Since September 2020, parents are unable to withdraw children from the Relationships Education and Health Education.

HMO school leaders have made the decision to teach Sex Education in Years 5 and 6. Parents do have the right of withdrawal from non science sex education ( please refer to the year % letter to parents/ carers) We will provide parents the opportunity to review the resources prior to teaching the lessons in order to help them to make an informed decision. HMO will liaise with school health to work collaboratively to support the delivery of our sex education.

Although parents/carers have the right to request to withdraw their child from any or all of sex education as part of Relationships Education, it is our aim to encourage parents to see the value of RSE learning and its contribution to keeping children safe, developing their emotional, social and physical wellbeing and for promoting equality and social justice.

As a school, we are committed to working in partnership with parents and carers and if you would like to find out more curriculum information, please view the materials and resources on our website. If you would like to discuss any concerns or highlight any areas you think are important please do not hesitate to contact the school.

We welcome your feedback and ask that you read our school policy available on our website.

complete the accompanying parental survey as well as reading the Relationships and sex education policy.