



## Week One Menu

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Mild Chicken Curry served with fluffy Rice	Pork Sausages with mashed potato and gravy	Roast Chicken, Roast Potatoes and gravy	Beef Pasta Bolognese with Garlic Bread	Battered Fillet of Fish & Chips
VEGETARIAN	Macaroni Cheese	Quorn Vegan Sausage with mashed potato and gravy	Quorn Fillet, Roast Potatoes and gravy	Vegetable Bolognese with Garlic Bread	Veggie Nuggets with Chips
JACKET or PASTA / DELI OFFER	Jacket Potato with Grated Cheese or Baked Beans  Ham Sandwich	Jacket Potato with Grated Cheese or Baked Beans  Cheese Bap	Jacket Potato with Grated Cheese or Baked Beans  Tuna Sandwich	Jacket Potato with Grated Cheese or Baked Beans  Chicken Mayonnaise Wrap	Jacket Potato with Grated Cheese or Baked Beans  Cheese Sandwich
SEASONAL VEGETABLES	Broccoli And Carrots	Sweetcorn And Garden Peas	Cauliflower And Carrot	Green Beans And Sweetcorn	Garden Peas Or Baked Beans
DESSERTS	Shortbread Biscuit	Apple Sponge with Custard	Jelly and Ice Cream	Fruit Crumble with Custard	Chocolate Brownie

### AVAILABLE DAILY:

Fresh Salad Bar, Water, Seasonal Fresh Fruit, Yoghurt & Jelly  
W/C 5/9, 26/9, 17/10, 14/11, 5/12



## Week Two Menu

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Chicken Wrap served with fluffy Rice	Hot Dog served In a Bun with Potato Wedges	Roast Pork with Roast Potatoes And Gravy	Beef Lasagne with Baguette Slice	Fish Fingers or Salmon Fingers with Chips
VEGETARIAN	BBQ Vegetable Wrap served with fluffy Rice	Vegetarian Burger served In a bun with Potato Wedges	Quorn Fillet with Roast Potatoes and Gravy	Vegetable Lasagne with Baguette Slice	Cheese and Tomato Puff with Chips
JACKET or PASTA / DELI OFFER	Jacket Potato with Grated Cheese or Baked Beans  Ham Sandwich	Jacket Potato with Grated Cheese or Baked Beans  Cheese Bap	Jacket Potato with Grated Cheese or Baked Beans  Tuna Mayo Sandwich	Jacket Potato with Grated Cheese or Baked Beans  Chicken Wrap	Jacket Potato with Grated Cheese or Baked Beans  Cheese Sandwich
SEASONAL VEGETABLES	Broccoli And Carrots	Sweetcorn And Garden Peas	Cauliflower And Carrot	Green Beans And Sweetcorn	Garden Peas Or Baked Beans
DESSERTS	Flapjack with Sultanas	Jam Sponge with Custard	Shortbread Biscuit	Apple Crumble with Custard	Fruit with Jelly and Ice Cream

### AVAILABLE DAILY:

Fresh Salad Bar, Water, Seasonal Fresh Fruit, Yoghurt & Jelly  
12/9, 3/10, 31/10, 21/11, 12/12



# Week Three Menu

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Ham Pizza served with Pasta Salad	Mild Chilli Con Carne with rice	Roast Turkey with Roast Potatoes and Gravy	Sausage and Tomato Pasta with Warm Baguette Slice	Fish Fingers served with Chips
VEGETARIAN	Cheese and Tomato Pizza served with Pasta Salad	Mild Vegetable Chilli with rice	Quorn Fillet with Roast Potatoes and Gravy	Roasted Vegetable Pasta Bake with Warm Baguette Slice	Vegetable Nuggets served with Chips
JACKET or PASTA / DELI OFFER	Jacket Potato with Grated Cheese or Baked Beans  Ham Sandwich	Jacket Potato with Grated Cheese or Baked Beans  Cheese Bap	Jacket Potato with Grated Cheese or Baked Beans  Tuna Mayo Sandwich	Jacket Potato with Grated Cheese or Baked Beans  Chicken Wrap	Jacket Potato with Grated Cheese or Baked Beans  Cheese Sandwich
SEASONAL VEGETABLE	Baked Beans	Carrots and Broccoli	Cauliflower and Green Beans	Mixed Garden Salad	Garden Peas or Baked Beans
DESSERTS	Shortbread Biscuit	Sultana Sponge and Custard	Apple Flapjack	Chocolate and Banana Sponge with Custard	Jelly and Ice Cream

## AVAILABLE DAILY:

Fresh Salad Bar, Water, Seasonal Fresh Fruit, Yoghurt & Jelly  
19/9, 10/10, 7/11, 28/11